The YP Foundation
INTERSECTIONAL | FEMINIST | RIGHTS BASED

Organisational Profile
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who we are

The YP Foundation (TYPF) is a youth-run development organisation that facilitates young people’s feminist and rights-based leadership on issues of health equity, gender justice, sexuality rights, and inclusive education. TYPF ensures that young people have the information, capacity, and opportunities to inform and lead the development and implementation of programmes and policies that impact their lives and are recognised as skilled and aware leaders of social change.

Our Vision
A world where all young people’s human rights are realised and they are recognised as equal stakeholders and transformative leaders.

Our Theory of Change

We empower young people by increasing their access to information, services, and leadership opportunities, thereby enabling them to understand and realise their rights.
Our Guiding Principles

- We do not discriminate on the grounds of sex, religion, caste, ability, age, class, gender identity, sexual orientation, employment, socio-economic status, or HIV status.

- We believe that every person’s human rights should be respected, affirmed, and fulfilled.

- We use a feminist and intersectional lens to guide our work that considers how individual identity may overlap into multiple disadvantaged groups.

- We strive to affirm agency and ensure inclusion.

- We demand all voices should be heard and everyone’s right to choose should be actively and substantially affirmed.

- We are accountable to our vision and mission, to each other, and to the young people with whom we work.

Our Mission

Build and influence young people’s leadership, collectives, and ecosystems to achieve social equity, justice and rights through their meaningful participation in decision making.
Focus Areas

- **Abortion** - Advocating for the right to abortion by addressing abortion stigma and healthcare providers’ attitudes on abortion access.

- **Accessible Health Services** - Increasing access by assessing the quality, barriers, and youth-friendliness of health services.

- **Adolescent Girls Leadership** - Building leadership opportunities and creatively addressing gender and discrimination through digital media.

- **Adolescent Health** - Ensuring the inclusion of adolescent and youth voices in programming and policy development on adolescent health and well being.

- **Comprehensive Sexuality Education** - Ensuring awareness about and access to sexual and reproductive health services and rights.

- **Masculinities** - Enabling conversations with young men to critically analyse patriarchal norms of masculinity, and gender based violence.

- **Meaningful Youth Participation** - Ensuring meaningful participation in the development, implementation and monitoring of programmes and policies.

- **Mental Health and Wellbeing** - Creating youth leadership in providing and destigmatising mental health services.

- **Queer Rights** - Creating programmes and platforms for enhancing visibility and leadership of young queer activists and queer rights issues.
Strategies

Capacity Building
We build young people’s capacities and perspectives to enable them to engage meaningfully in decision making and lead on ground campaigns and advocacy on a range of issues. We also build the capacities and rights-based perspectives of health service providers.

Public Engagement
We use on-ground and online communications strategies to showcase youth leadership and foreground the voices of young people, while also engaging with community gatekeepers and destigmatising taboo topics.

Collaborations, Partnerships, and Network Building
We create collaborative and networked youth groups and movements to strengthen young people’s voices as stakeholders on key themes and in critical dialogue platforms.

Policy Engagement
We engage with policy makers and government officials for diverse representation of young people in national level consultations.

Research and Knowledge Creation
We co-create data and generate insights on young people’s relevant realities in partnership with young people.
Our Impact

TYPF’s interventions have evaluated and demonstrated an increase in adolescents information levels as well as health-seeking behaviours, especially around contraceptive use, safe sex, and rights access. They have also shown a reduction in misinformation and myths about sexual and reproductive health issues and the reduction of stigma in seeking mental health support. In addition, TYPF’s policy dialogue and engagement programmes have ensured that young people’s voices are included in policy and programme development and implementation.

Overall, the programmes have demonstrated an increase in young people’s information levels, access to health services and ability to advocate with families, communities and policy makers for their rights on issues of health, well being and gender-based violence prevention.

We work with 200 young leaders reaching out to over 5000 young people directly and over 100,000 youth and others through on ground and online campaigns.

Overall

500  >  10,000  >  500,000
Projects  Young Leaders  Total Reach

“...
My awareness about puberty and young people’s rights has better equipped me to explain all this to my younger sister or those around me who don’t know about this. I don’t want others to go through the same phase of uncertainty that I went through.

- Kasturi, 13 | Delhi

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Organisation Timeline

2021
Scaled up implementation and advocacy on gender, sexuality, health and education issues with adolescents and youth nationally and internationally.

2017
New strategic plan with focus on Sexual Rights, Violence Prevention, Movement Building and Youth Led Advocacy. Added GBV, masculinities and queer rights to the focus areas and expanded direct interventions to Bihar.

2012
Expanded programmes to Delhi and UP and advocacy to 18 states for on ground action and policy engagement by youth.

2007
Registered as a trust with programmes on SRHR, Digital Storytelling, Life Skills, Governance and Performing Arts Based Careers for Youth.

2002
Initiated as a voluntary group for youth led social change dialogue and action.

Selected as the Youth Focal Point at the FP 2020 global reference group tasked to expand contraceptive access to youth and adolescents.

Appointed Regional Focal Point for SDG 3 with the UN Major Group for Children and Youth.

Selected as the Adolescent and Youth Constituency member from India at the Partnership for Maternal, Newborn and Child Health (PMNCH) at the WHO.

Featured as one of the six best sex education programmes around the world by The Guardian.

Received an award for "Engaging Youth for Health" from The India Health & Wellness Summit.
we work with

TYPF actively resists the understanding of “youth” or “adolescents” as homogenous categories. Young people come from diverse contexts and backgrounds, and the present environment is not enabling for any of them. Additionally, young women and girls face severe human rights violations on account of their age, gender and other identities such as caste, class, location, ability etc. However, access to entitlements and control over decisions related to their bodies, is limited for all young women and girls, despite their identities and perceived marginalization or privilege.

We prioritise engagement with young people from economically or socially marginalised and vulnerable communities and contexts. Our programmes include and affirm diversities of caste, gender, religion, community, location, body diversity and class. We work with adolescents and young people between 9 to 30 years of age as primary participants and leaders in our programmes. Our programmes work with dalit and muslim communities as well as urban and rural poor communities across our intervention areas with a focus on ensuring at least 65% outreach across levels to young women and girls. Our programmes and advocacy initiatives have reached rural and urban communities across 18 states in India.
...after the training I discussed the facts about menstruation with my mother and told her the myths about impurity are wrong. She said she learnt that from her mother, but told me I should follow what I believe and not be bound by these ideas.

- Female Master Trainer | Bihar

I feel more confident in seeking services for myself and suggest which health facilities provide better services for which kind of problem to girls and boys I know.

- Ravi, 23 | Varanasi